STOP Fearing Fear®

Speaking & Training — Supplementary Terms

STOP Fearing Fear® Services Ltd | Version 1.0 | 23 November 2026

These Supplementary Terms apply alongside the STOP Fearing Fear® Services Ltd Company-wide Terms and Conditions (version 1.0, 23 November 2026) and the agreed quotation or booking confirmation.

1. Relationship to the master terms

This schedule supplements the STOP Fearing Fear® Services Ltd Company-wide Terms and Conditions (the "Master Terms"). The Master Terms and this schedule together form the applicable terms when incorporated into an accepted booking. This schedule governs service-specific matters; any inconsistency should be resolved in writing before booking. Mandatory legal rights remain unaffected.

2. Service status and boundaries

STOP Fearing Fear® is an original, practice-developed, evidence-informed Stage Two Preventive Mental Health Education framework. Speaking and training develop practical behavioural and metacognitive capability to recognise how fear, pressure and difficulty influence thinking, decisions and actions, and to support earlier self-intervention or supported early intervention. This is professional education and training, not diagnosis, psychotherapy, psychiatric care or emergency intervention. No particular clinical or organisational outcome is guaranteed.

3. Scope and deliverables

This schedule covers keynote talks, workshops, staff development and organisational education and training, including Behaviour Before Burnout and other agreed programmes. The accepted proposal or booking confirmation will identify the learning objectives, format, duration, intended audience, delegate limit, venue or online platform, materials and any agreed follow-up. Work outside that scope requires written agreement.

4. Commercial quotation and expenses

The quotation or booking confirmation will state the agreed fee, payment timetable and whether travel, accommodation, venue, equipment or additional materials are included or charged separately. The Company is not currently VAT registered and does not charge VAT; if that position changes, any VAT treatment will be made clear before a booking is agreed. Any deposit or staged payment must be expressly agreed in advance. Additional services or substantial changes to scope require written agreement and, where appropriate, an adjusted fee.

5. Client organisation responsibilities

The commissioning organisation must nominate an authorised contact, provide accurate audience information, a suitable and accessible venue or online platform, required equipment, relevant safety arrangements and any agreed staff support. It remains responsible for its own employment,

safeguarding, supervision, health and safety and data-protection duties. The Company may decline unsafe conditions or pause delivery while a reasonable alternative is considered.

6. Cancellation and postponement

Cancellation charges, postponement notice periods, non-recoverable expenses and rescheduling arrangements must be stated in the accepted proposal or booking confirmation before the client is bound. No automatic fixed-percentage cancellation penalty applies unless expressly agreed and lawful. Any charges will reflect the agreed contract and legitimate costs or losses, taking account of savings and reasonable opportunities to rebook. The parties will consider a practical rearrangement where feasible; consumer statutory rights, where applicable, are unaffected.

7. Educational claims and outcomes

The programme is offered and sold as legitimate professional, practice-developed and evidence-informed education and training. Specific improvements in sickness absence, productivity, clinical outcomes, financial savings or other quantified organisational effects are not promised unless expressly supported and agreed in writing. Evaluation, reporting, follow-up and outcome measurement are provided only where separately scoped and contracted.

8. Materials, recording and licences

Unless expressly licensed in writing, attendees may use supplied handouts for their own learning and authorised internal reference only. They may not record sessions, distribute slide decks or proprietary materials, reproduce diagrams for wider circulation, deliver training to colleagues using those materials, or incorporate them into another programme without prior written permission, except where permitted by law. Organisational licences, train-the-trainer permissions and wider internal distribution require a separate written agreement.

9. Delegates and sensitive discussion

The organisation should tell delegates that the session is educational and should not require personal mental health disclosures in a group setting. The facilitator may set reasonable participation and conduct boundaries and may refer urgent welfare or safeguarding concerns to the appropriate responsible personnel or services, in accordance with law and agreed procedures. Any information sharing must be lawful and proportionate.

10. Cancellation by the Company and force majeure

If illness, unsafe conditions, severe disruption or events beyond reasonable control prevent delivery, the Company will notify the client promptly and seek an alternative date or an appropriate remedy. Entitlement to a refund or payment for services already delivered or legitimate costs incurred is determined by the agreement and applicable law. Neither party loses mandatory legal rights.

11. Booking, price and payment

The accepted quotation or booking confirmation will record the service, fees, payment date, location or delivery method, any expenses and the cancellation and postponement arrangements. A booking is confirmed when accepted in writing by the Company or when both parties sign an agreement.

Organisational fees are payable according to the agreed timetable; any deposit, advance payment or instalments must be set out before the contract is made. Late payment is dealt with under the Master Terms.

12. Consumer statutory rights

If the commissioning client is an individual acting as a consumer, statutory consumer rights remain unaffected. Eligible distance or off-premises bookings may carry a 14-day cancellation right. If the consumer wishes delivery to begin during that period, the Company will obtain any required express request and acknowledgement separately and explain any lawful proportionate charge for work supplied before cancellation. The Master Terms explain the process. These consumer rules do not automatically apply to organisations buying for business purposes.

13. Confidentiality and data protection

Personal information is handled in accordance with applicable UK data-protection law, the Company Privacy Policy at https://stopfearingfear.com/privacy/ and any additional service-specific privacy information supplied where appropriate. Confidentiality is subject to lawful exceptions, including safeguarding, serious risk and legal obligations. The parties must agree any necessary data-sharing arrangements before exchanging personal or sensitive participant information.

14. Liability and complaints

The Company will provide the agreed services with reasonable care and skill. Nothing in this schedule excludes or limits liability that cannot legally be excluded, including death or personal injury caused by negligence, fraud or applicable consumer rights. The business-client liability provisions in the Master Terms apply subject to applicable law. Complaints may be sent to contact@stopfearingfear.com and will be considered fairly within a reasonable period.

15. Intellectual property

STOP Fearing Fear® and associated registered trademarks owned by Paul Martin remain his property; other original materials, presentations, methods, diagrams and content remain the property of their respective lawful rights holders, including the Company where applicable. Payment does not transfer ownership. Only the limited licence expressly granted under the Master Terms or a separate written agreement applies. No unauthorised recording, reproduction, redistribution, adaptation, sublicensing, use of marks or commercial training of others is permitted, except where law permits.